



# Coupe du Printemps

Interclub Figure Skating Competition

Junior B, Intermediate Novice, Minimen A, Minimen B,  
Letz Skate A, Letz Skate B, Adult Silver

March 14<sup>th</sup> 2025

Ice Rink Kockelscheuer

42, route de Bettembourg

Luxembourg

Organised by Club Hiversport-Patinage Luxembourg



# Announcement

The club Hiversport-Patinage Luxembourg (CH-PL) is pleased to announce the **Coupe du Printemps Interclub Competition 2025**.

The organizing committee reserves the right to cancel any level if the number of entries is too low to complete the event or to limit the number of entries in case of too many entries.

Depending on demand, Junior B and Intermediate Novice might skate on Saturday or Sunday. This will be confirmed shortly after the entry closing date.

## 1. Technical Data

### Junior B Women

The skater has not reached the age of 19 by July 1st preceding the competition.

#### **Free skating Program:**

In accordance with ISU Technical Rules Single Skating 2024, Rule 612 and the respective ISU Communications.

Duration: 3:30 min +/- 10 sec.

Warm-up: 6 minutes. The warm-up groups can be maximum up to six (6) skaters.

The factor for Program Components is

- for Women 2.67
- for Men 3.33

### Intermediate Novice

The skater has not reached the age of 16 by July 1st preceding the competition.

Free skating Program for **Girls and Boys**:

In accordance with ISU communication 2624 Single Skating Intermediate Novice ( or subsequent updates)

Duration 3:00 min +/- 10 sec

Warm-up : 5 minutes. The warm-up groups can be maximum up to eight(8) skaters. There will be no Bonus for jump elements performed in the second half of the Free Program.

The factor for Program Components is

- for Girls 1.7
- for Boys 2.0

**Level Explanation:**

All elements, which are subject to levels, only features up to **level 2** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

**FALL** -0.5 Pt per fall outside – no deduction for a fall in element

**Any Luxembourgish skater who competes in this category will also be competing in the National Championships.**

**Minimen A**

The skater has not reached the age of 8 by July 1<sup>st</sup> preceding the competition for Girls and Boys.

**Free skating Program for Girls and Boys:**

**Duration** 2:00 min +/- 10 sec

**Warm-up : 4 minutes.** The warm-up groups can be maximum up to eight(8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A **well-balanced Free Skating Program** for Minimen A Single Girls and Boys must contain:

- a) Maximum of 4 jump elements for Girls and Boys.  
There may be up to one (1) jump combination  
Jump combinations can contain only two (2) jumps.  
Any single jump cannot be executed more than twice in total.  
Only single jumps (excluding Axel) are allowed.
  
- b) There must be a maximum of two (2) spins of a different nature (abbreviation):
  - One (1) spin with no change of position and no change of foot minimum six (6) revolutions. Must be done in a basic position (upright, sit, camel) without any difficult variation position.
  - One (1) other spin of a different nature with change of foot: minimum four (4) revolutions on each foot.

In both spins flying entries are NOT allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in one position spin).

- c) A Step Sequence consisting of at least one (1) different skating movement like spirals, arabesques, spread eagles, Ina Bauers, shoot the duck transition, transition jumps like split jumps and any variations of a split jump (All different movement must be held for two counts in position, except the transition jumps).

There must be at least two (2) Three Turns and two (2) Mohawks executed on clean edges in the Step Sequence covering at least half the ice rink.

If the skating movement is missing and/or the Three Turns and Mohawks are not executed clean or missing, **NO level** will be given.

The factor for Program Components is 1.67 for Girls and Boys.

#### **Level explanations:**

All elements which are subject to levels, only up to **level BASE** will be counted.

**FALL** -0.5 Pt per fall outside – no deduction for a fall in element

#### **Minimen B:**

The skater has not reached the age of 10 by July 1<sup>st</sup> preceding the competition for Girls and boys.

#### **Free skating Program for Girls and Boys:**

**Duration** 2:00 min +/- 10 sec

**Warm-up : 4 minutes.** The warm-up groups can be maximum up to eight(8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Minimen B Single Girls and Boys must contain:

- a) Maximum of 4 jump elements for Girls and Boys.  
There may be up to one (1) jump combinations or sequences. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.  
Any single jump cannot be executed more than twice in total.  
Only single jumps (including Axel) are allowed.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation):
  - One (1) spin with no change of position and no change of foot minimum six (6) revolutions. Must be done in a basic position (upright, sit, camel) without any difficult variation position and will be called maximum level BASIC.

- One (1) combination spin with change of foot (minimum eight (8) revolutions in total) or without a change of foot (minimum six (6) revolutions).

In both spins flying entries are NOT allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in one position spin).

- c) A Step Sequence consisting of at least one (1) different skating movement like spirals, arabesques, spread eagles, Ina Bauers, shoot the duck transition, transition jumps like split jumps and any variations of a split jump (All different movement must be held for two counts in position, except the transition jumps).

There must be at least two (2) Three Turns and two (2) Mohawks executed on clean edges in the Step Sequence covering at least half the ice rink.

If the skating movement is missing and/or the Three Turns and Mohawks are not executed clean or missing, **NO level** will be given.

The factor for Program Components is 1.67 for Girls and Boys.

#### **Level explanations:**

All elements (except the one position spin), which are subject to levels, only features up to level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**FALL** -0.5 Pt per fall outside – no deduction for a fall in element

### **Letz Skate A**

The skater has not reached the age of 12 by July 1<sup>st</sup> preceding the competition.

#### **Free skating Program for girls and boys:**

**Duration:** 2:00 min +/- 10 sec

**Warm-up: 4 minutes.** The warm-up groups can be maximum up to eight (8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Letz Skate A Girls and Boys must contain:

- a) Maximum of 4 jump elements for Girls and Boys.

There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice,

but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

Any single jump cannot be executed more than twice in total.

Only single jumps (including Axel) are allowed.

- b) There must be a maximum of two (2) spins of a different nature (abbreviation):
- One (1) spin with no change of position and no change of foot minimum six (6) revolutions. Must be done in a basic position (upright, sit, camel) without any difficult variation position and will be called maximum level BASIC.
  - One (1) combination spin with change of foot (minimum eight (8) revolutions in total) or without a change of foot (minimum six (6) revolutions).

In both spins flying entries are NOT allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in one position spin).

- c) The Step Sequence must include at least one (1) skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading ect. There must be at least two (2) difficult turns and steps executed on clean edges. If the skating movement is missing and/or the difficult turns and steps are not executed clean or missing, **NO level** will be given.

The factor for Program Components is 1.67 for Girls and Boys.

#### **Level explanations:**

All elements (except the one position spin), which are subject to levels, only features up to level 1 will be counted.

**FALL** -0.5 Pt per fall outside – no deduction for a fall in element

### **Letz Skate B**

The skater has reached the age of ten (10) and has not reached the age of sixteen (16) for girls and boys

#### **Free skating Program for girls and boys:**

**Duration** 2:30 min +/- 10 sec

**Warm-up: 5 minutes.** The warm-up groups can be maximum up to eight (8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Letz Skate B Girls and Boys must contain:

- a) Maximum of five (5) jump elements for Girls and Boys.

There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

You may include single jumps (including Axel) and up to two (2) double jumps.

Any single jump cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation):

- One (1) spin with no change of position and no change of foot minimum six (6) revolutions. Must be done in a basic position (upright, sit, camel) without any difficult variation position and will be called maximum level BASIC.
- One (1) combination spin with change of foot (minimum eight (8) revolutions in total) or without a change of foot (minimum six (6) revolutions).

In both spins flying entries are NOT allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in one position spin).

c) The Step Sequence must include at least one (1) skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading ect. There must be at least two (2) difficult turns and steps executed on clean edges. If the skating movement is missing and/or the difficult turns and steps are not executed clean or missing, **NO level** will be given.

The factor for Program Components is 1.67 for Girls and Boys.

### **Level explanations:**

All elements (except the one position spin), which are subject to levels, only features up to level 2 will be counted.

**FALL** -0.5 Pt per fall outside – no deduction for a fall in element

### **Adult Silver**

The skater has reached at least the age of 19 by July 1<sup>st</sup> preceding the competition. There is no upper age limit.

#### **Free skating Program for Women and Men:**

**Duration** 2:00 min +/- 10 sec

**Warm-up : 5 minutes.** The warm-up groups can be maximum up to eight(8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Open Aged Single Women and Men must contain:

- a) Maximum of four (4) jump elements for Women and Men.

There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. One (1) jump combination or one (1) jump sequence may consist of up to three (3) jumps. The other may have two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

Each listed jump may be performed a maximum of two (2) times.

Only single jumps (including Axel) are allowed. Double jumps and triple jumps are not permitted.

- b) There must be a maximum of two(2) spins of a different nature ( abbreviation): The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot. A spin that has no basic position with 2 revolutions will receive no value.
- c) There must be one (1) choreographic sequence fully utilizing the ice surface. The pattern is not restricted but the sequence must be clearly visible. A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

The factor for Program Components is 2.00 for Women and Men.

**Level explanations:**

All elements (except the choreo sequence), which are subject to levels, only features up to level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

**FALL** Each fall shall receive a deduction of 0.5.



## 2. Entries

**Entries for each category are only accepted from clubs which are members of their national federation.**

a. Entries by name:

**Entries by name: the names of the skaters and judges should be sent to :**

[lux.cdp+interclub@gmail.com](mailto:lux.cdp+interclub@gmail.com) before **February 15th 2025.**

Email: [lux.cdp+interclub@gmail.com](mailto:lux.cdp+interclub@gmail.com)

Address:

CLUB HIVERSPORT-PATINAGE Luxembourg ASBL

31A, Avenue du Bois

L-1251 Luxembourg

Luxembourg

Telephone: Diana Wagner : +352 621 17 37 67

Sheila Keifer : + 352 621 29 42 64

### **Entry Fees**

Junior B, Intermediate novice: 85,00 euros

Pre-Novice, Minimen A, Minimen B, Adult Silver: 70,00 euros

Invoices will be sent to the clubs in advance. These should be paid **within 5 working days, but latest by March 1st, 2025.**

The entry fee will not be refunded in case of withdrawals for any reason. We kindly ask to mention the following reference :

**Coupe du Printemps Interclub Competition, Name of the skater and Federation or club.**

Coupe du Printemps

IBAN: LU34 0019 4655 5984 3000

Swift code: BCEELULL

After the closing date, there will be no refund in case of withdrawal.

In case of too many entries, the organizer might be obliged to refuse several entries. This should be communicated immediately after the closing date and refunds will be issued in this specific case.

b. Entries of judges

Each participating foreign club has the right to propose at the least international level qualified judge. Entries from a foreign club bringing a judge will have priority in case of too many entries.

The organizing committee will provide all judges with food and lodging during the competition. In case of too many entries, a draw will be conducted immediately after the closing date, and clubs/federation will be informed accordingly.

### 3. Meals, lodging, and travel expenses

The expenses for travel, rooms and meals for Competitors, Team leaders and coaches will not be covered by the organizer.

### 4. Planned elements

Planned elements must be sent before **February 21th 2025** to [lux.cdp+interclub@gmail.com](mailto:lux.cdp+interclub@gmail.com)

### 5. Music

All competitors shall furnish competition music of excellent quality on MP3 format, in accordance with Rule 343 in the ISU Special Regulations, paragraph 1.

This MP3 file must be labelled as follows:

File name format : FS <Category> <Full Name> <Time>

<Category> = JUN, INO, MINA, MINB, LSA, LSB, ADU

Example : FS INO John Doe 3m04.mp3

The competition music, only MP3 format, must be uploaded in the google doc form via <https://forms.gle/idMia9TwydobD85F7> before **February 21th 2025**.

During the event, for backup purposes only, all competitors must also have a copy of their music available on CD/ USB-stick using the correct file format and file name format.

If MP3 is not provided, accreditation will not be given.

Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organizing Committee in this case is not responsible if the music quality would be insufficient.ials.

### 6. Opening draw

The draw will be done at the ice rink on **Thursday March 13th, 2025**, and will be published on the website <http://www.coupeduprintemps.com>

### 7. Registration

An info desk will be in place in the cafeteria of the ice rink. All competitors must register one hour before the start of their category at the latest.

## 8. Presentation of medals

All participants must be present in their competition costumes for the announcement of the results and the prize awarding ceremony. The first three best placed competitors in each event will be announced and honored. All other participants will receive a medal.

In case of absence during the awarding ceremony, no trophy or medals will be provided.

## 9. Insurance / liability

In accordance with ISU rules the organizing committee accepts no liability for injuries or damages sustained by competitors.

In accordance to ISU rules the responsibility for health and accident insurance lies with the athletes, officials and all other members of the team. Such insurance must include full medical care and repatriation.